

Instructions for Creating Your Digital Vision Board

A vision board is a collage made up of pictures from magazines or virtual images and pictures designed to remind you of what they want to see, do or become. Create digital vision boards to focus on your future and project a clear picture of your dreams and goals.

Step 1:

Search online to find positive images, quotes, affirmations, etc. that reflect who you are, your dreams and goals, etc. Download these images to your phone or create a folder on your computer/laptop and download them there.

Step 2:

Visit different design platforms (CANVA, PicMonkey, Postermywall, etc.) to access templates for digital vision boards. As you begin to find pictures, you can upload them so they can be added to your board. You can either upload them as you find them or upload them altogether.

Step 3:

Once the pictures are uploaded to the platform of your choice, you can begin adding them to your board by dragging each picture to any of the spaces. Be sure to fill up all spaces!

Step 4:

Once all spaces are filled, click "Download" and you will be able to save your digital vision board to either your phone and/or computer.

**To save on your phone, download as a PNG/JPEG file. To save on your computer, download as a PDF file.

Step 5:

Congratulations, you have just created your very first digital Vision Board! Save it as your screensaver on your phone and/computer, or print it out and post it on your wall!

